



NIRAMAYAM HERITAGE AYURVEDA HOSPITAL

Weight Loss treatment – 14N

The Weight Management Program at Niramayam Heritage Ayurveda Hospital is a deeply authentic, physician-led Ayurvedic treatment designed within a traditional hospital setting, focusing on correcting underlying metabolic and lifestyle imbalances rather than offering superficial weight loss solutions. Rooted in classical Ashtavaidya principles, the program integrates personalised diagnosis, internal herbal medications, therapeutic detoxification, and strict dietary regulation to improve digestion, eliminate toxins, and restore systemic balance. Each treatment plan is carefully curated and continuously monitored by experienced Ayurvedic doctors, supported by structured daily therapies, yoga, and a disciplined sattvic diet that enhances treatment efficacy. Emphasising a results-oriented and medically supervised approach, the program enables gradual, sustainable weight reduction alongside measurable improvements in overall health parameters and long-term lifestyle correction.

**** Please note - Rates are subject to adjustment based on prevailing market exchange rates at the time of invoicing**



+91-9686496930



info@bookmyveda.com



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Weight loss treatment – 14N

Weight Loss Program – 14N

Single – Euro 1575

Double – Euro 2587

Weight Loss treatment – 21N:

Single – Euro 2362

Double – Euro 3881

Package Inclusions:

- 🌿 Accommodation
- 🌿 Ayurvedic vegetarian food as per the Doctor's advice
- 🌿 Treatments as per the Doctor's advice (we provide 02 treatments per day)
- 🌿 Internal medicines during the stay
- 🌿 One time Doctor's consultation fees
- 🌿 Yoga & Meditation during the stay (morning & evening session)

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